English Lavender

- Scientific Name: *Lavandula angustifolia* 'Hidcote'
- Family: Mint (Lamiaceae)
- Type: Perennial Herb
- Native range: Mediterranean region
- Sun: Full sun
- Blooms: June to August
- Attracts: Honey bees, Hummingbirds, Butterflies, Native bees, & Carpenter bees among others.
- Cultured: Alamance County

**Notes:** The fragrant flowers are a great bee nectar and pollen source. This “true lavender” is commercially planted for harvesting its oils for use in perfumes & jellies. Lavender flowers and foliage are also popular additions to sachets and potpourris.