**Sweet Marjoram or Oregano**

- **Scientific Name:** *Origanum vulgare*
- **Family:** Mint (Lamiaceae)
- **Type:** Perennial Edible Herb
- **Native range:** Europe, Asia
- **Sun:** Full sun
- **Blooms:** July to October
- **Attracts:** Honey bees, Butterflies, Native bees, & Hover flies among others.
- **Cultivated:** Alamance County

**Notes:** Leaves are used either fresh or dried, as culinary herbs for a variety of food dishes, particularly in tomato sauces used in Italian cuisine and pizza, but also in a number of additional applications including rice, soups, stews, dressings, vegetable dishes, egg dishes, dips and herbal vinegars. Flowers are a nectar and pollen source. Pollen pellets are green.