

Borage or Starflower

- * Scientific Name: *Borago officinalis*
- * Family: Forget-me-not (Boraginaceae)
- * Type: Annual Edible Herb
- * Native range: Europe
- * Sun: Full sun to part shade
- * Blooms: June to October
- * Attracts: Honey bees, Butterflies, Native bees and Bumblebees among others.
- * Cultivated: Alamance County

Notes: The edible, dull gray-green leaves have the taste and fragrance of cucumber. Stems and leaves are covered with numerous bristly hairs. Young tender leaves may be eaten raw or cooked in somewhat the same manner as spinach. A nectar & pollen source. Pollen pellets are hellish-green to grayish.



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